

**St Emmanuel Self Help Support Group
&
IADP
Re-location Project**



**St Emmanuel Support Group
P.O BOX 56834—00200
CITY SQUARE NAIROBI
PHONE: 0733-841462, 0723-727563
EMAIL: monari@iadpinternational.org**

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St Emmanuel Support Group

1.0 Introduction:

This project among others was initiated by IADP, and is run for the purpose of supporting and empowering HIV/AIDS people in the heart of Kawangware slums (home to about 300,000 people) in Nairobi Kenya. The projects name St. Emmanuel, means “God with us”, since they are living by faith. This project brought together 67 adults (HIV/AIDS positive, this number has since come down to 47 adults), and 248 orphaned children from other families some of whom are positive as well and 21 street children. These people have resorted to support each other and procure help (food, medication, counseling, empowerment etc) as a group.

1.1 Background Information:

The St. Emmanuel self help support group led by Fridah Njeri was established in 2003 as a loose gathering of people suffering from HIV/AIDS. One of the local leaders introduced the St. Emmanuel group to IADP for support and organizational development and formatting. Since then, the St. Emmanuel group has been scaling up on it organizational structures as well as services it provides to its members. Currently, this group is officially registered under the ministry of Culture and social services¹.

The desire of the pioneers of this group was to provide a safety net for children orphaned due to HIV/AIDS² and others from broken marriages, as well as provide support to individual members against the stigma. Most of the founders of this project are in one way or another affected by the impact of the deadly disease HIV/AIDS. This is the common problem that has brought them together. Once the parents have fallen ill or died, the children some of whom could be positive are left to take care of themselves and to some extent nursed by their ailing parents. Much of the time these children have to engage in all sorts of undertakings to survive. In some case, these children are abused sexually, while others are forced to go rummaging in the garbage dumps. These children started forming gangs moving up and down the streets of Kawangware, sometimes snatching handbags (with dire consequences if caught) from people.

The founders of St Emmanuel started to meet in an open ground at the local primary school. Their children would come along and they cooked whatever they had together and shared among themselves. With time, some parents passed on and the number of orphans has kept swelling. Some of the children have been able to go to school courtesy IADP and some individual donations. Over time, the number of children under the care of St. Emmanuel has increased to the current 248, against 47 adults. As the number has been increasing, the challenges facing them too increased. Besides, feeding and clothing the children on a day to day basis has been difficult, the sickly & jobless parents are finding it difficult to pay their rents. In most cases, these affected families have had to go without food. When there is no food the children get desperate and run out to look for something to eat. Similarly, they must be kept busy once fed. Just like any other children they must be provided with education.

¹ The registration is done under the Children Act Cap 586 of the laws of Kenya.

² According to the UNESCO report, 10% of the school-age children in sub-Saharan Africa may be orphaned by HIV/AIDS, armed conflict and other diseases.

Since the slum residents are the poorest among the poor, extreme poverty is posing a major challenge to education. Although, education is known as the key to escape from the vicious circle of poverty, the Kenya government can not guarantee free education to all, unless the children are properly housed, fed, and given parental care. According to the UNESCO report (UN education for all Global Monitoring Report 2006), poverty and illiteracy are correlated. According to this report, a child denied the right to quality primary education remains handicapped for life, unable to cope with situations requiring reading, writing and arithmetic. No wonder, at independence the Kenya government committed itself to fighting poverty through illiteracy and disease. Unfortunately, according to this report, the government alone cannot succeed unless they join hands together with communities. This can be done through community empowerment such as St. Emmanuel and IADP.

According to these reports, poverty, child labour, unfriendly learning environments and HIV/AIDS have conspired to denied millions of children their right to education. Although, primary education is said to be free in Kenya, parents are required to provide, physical facilities such as classrooms, toilets, uniforms, water and food. These preconditions have forced many children from poor families away from school. The categories of children from poor families affected and sometimes infected with HIV/AIDS that St. Emmanuel is taking care of. It is for this group (the children) that this proposal has been prepared for.

2.0 The Project:

St. Emmanuel support group being a self help community based organization continues to face numerous challenges. The intervention strategy herein therefore takes cognizance of the need to create a sustainable project that will address to some extent, the basic needs of the orphaned children and their sick parents among its care. At present, St Emmanuel tries to eke a living from poorly done hand crafts and small donations from well wishers for support. Most of these donations come in the form of food and it is never enough. Most of the children and their parents are malnourished, a situation that can easily impair their young minds under development.

This project seeks to raise adequate financial resources to enable the project provide suitable accommodation, food, clothing, education, medical care, counselling, and rehabilitation for these children. In so doing, the project will provide an enabling environment for the children to learn and equip themselves with survival skills for this challenging world.

3.0 Problem:

According to some economists, they say that the poor are poor because they are poor. This perspective holds most true for the slum resident of Kawangware, because most parents are poor and they can't send their children to school, thereby they are engaging in risky ways of earning a living. Some contract HIV/AIDS, which makes these families more desperate and occasionally results in passing the same disease onto their children. Then the cycle of poverty continues onto their children. The St Emmanuel children are all

at risk, of falling in to the same pitfalls that orphaned them in the first place. Through immorality and a necessity to survive, the children may fall victim, to substance abuse, prostitution and STD infection.

It is this situation that the St Emmanuel support group is fighting against, at least to safeguard the children and provide them with accommodation, food, education, and proper care³ as a way of breaking the cycle of poverty, thereby giving the children a new lease of life.

4.0 Specific goal:

The goal is to raise orphaned and destitute children in a decent environment and equip them with all the necessary education and survival skills to enable them to be responsible Kenyan citizens.

5.0 Logical Frame work:

Intervention logic	Description	Objectively Verifiable Indicators	Indicators	Assumption
Overall Goal	The St Emmanuel Support group playing a key role in the effective rehabilitation of orphaned & destitute children annually and making them responsible Kenyan citizens.	The St Emmanuel centre being among the top 10 children rehabilitation institutions in the country, accounting for 5% of the reformed children.	-Rehab registers; -	
Project Purpose	150 out of the 248 children under the care of St Emmanuel are provided with accommodation, educational support and basic necessities enabling them to attain a minimum of secondary school level of education.	150 destitute children accommodated in 2 dormitories complete with ablution block at the Centre with 2 classrooms for instruction purpose, 1 kitchen and dining area, and an office block by June 2008	-Rehab registers; -Accounts records; -Donor reports; -Budget;	Donor support will be made available
Outcomes	1. Building facilities available: 2 dormitories, 2 classrooms, 1 office block, A set of ablution blocks, 1 kitchen and dining area built; 2. All building equipped with furniture and equipment; 3. The architectures, material audit & evaluation reports made available to all stakeholders, 4. 150 children living in decent accommodation & undergoing rehabilitation and mentoring;	1. Building facilities completed: 2 dormitories, 2 classrooms, 1 office, dining /kitchen and a set of ablution block by June 2008; 2. All relevant furniture purchased by June 2008; 3. Material & financial audit report done by Dec. 2007; 4. All the 150 children who are complete orphans are moved to their new home by July 2008;	-Accounts records; -Audit reports; -Children registers; -Report from the children department; -public health report;	Assuming the construction of the home will go ahead without any hindrance from rains or any other technical problem.
Activities	1. Construction: -Two dormitories for 75 boys & 75 girls; -Kitchen & dining area for 150 kids; -An office block for administration; -Pit latrine for 150 children; -Two class room; 2. Rehabilitation for the children through: Counseling, education, skill training, health care & feeding; 3. Mentoring through: mobilizing, guiding and lifting;	1. Look at the Construction plans & bills of quantities; 2. Rehabilitation plans and budget herein; 3. Mentoring budget	-Approval of construction plans; -Completed building built in accordance to plans & budget; -Bank account records; -Financial audit;	Assuming the costs of construction material remains the same.
Pre-condition				Approval of construction plans by the Council planners

³ These goals are in agreement with the Kenya government, The Children Act CAP 586 part II.

6.0 Specific Objectives:

6.1 Decent accommodation for 150 children provided on a spacious ground away from Nairobi slum villages;

- ✓ Construct two dormitories, one for 75 boys and another 75 girls fully equipped with showers and toilets;
- ✓ Construct a modern kitchen attached to the dining area to seat 150 children at a go. This dining area will also be used as a social hall;
- ✓ Construct two class room for instruction purposes for those children too small to walk to the neighboring schools;
- ✓ Construct an administration block to coordinate the activities of the centre and to provide administration and guidance from;
- ✓ Construct outside pit latrines (four for girls & four for boys) to be used during the day and when water is not available;
- ✓ Construct a water system and storage facilities connected to the community water infrastructure able to provide for 150 children;
- ✓ Equip the constructed facilities with all the necessary furniture and equipments for the smooth ruing of the centre;
- ✓ Establish a vegetable garden to provide greens for the 150 children;

6.2 A modern & viable Child rehabilitation system put in place and 150 children benefiting from this infrastructure annually;

- ✓ Design and establish a destitute child rehabilitation system, handling children from diverse background including HIV/AIDS orphans;
- ✓ Hire and train staff with a heart for orphaned and destitute children to administer the rehabilitation;
- ✓ Provide targeted counseling to 150 children according to established needs, thereby giving them a fresh start to life with courage and purpose in life;
- ✓ Provide formal & informal education to all the children at the centre, thereby equipping them with survival skills to face the challenges of this world;
- ✓ Provide the children with basic necessities of life (food, clothing, medical care, shelter, and foster love) to facilitate easy rehabilitation and enabling them to grow in good health and strong;
- ✓ Establish network relationship with other likeminded organization for benchmarking purposes;

6.3 Viable career guidance and mentoring program established;

- ✓ Design and establish a career guidance and mentoring, targeting orphaned and destitute children at the centre;
- ✓ Provide pastoral care;
- ✓ Establish and institutionalize peer leadership among the youth;
- ✓ Identify, nurture and develop talents of each and every child as a unique individual;

6.4. Establish a management system that will provide unparalleled leadership for this institution;

- ✓ Set up an independent board with the burden for children, to establish clear policy guidelines (personnel, financial, rehabilitation, operations) in accordance to the Children ACT CAP 586;
- ✓ The established board to provide leadership and accountability to all;
- ✓ Undertake fund raising and publicity for the centre;
- ✓ Advocate for the rights of orphaned and abandoned children.
- ✓ Sensitize the community on parenthood and behavioural change with regards to hygiene and nutrition
- ✓ Network with other groups/ organizations and institutions working on the related issues of HIV and Aids in the community

6.5 Expected benefits for the children;

- ✓ A spacious accommodation for the 150 children to live in;
- ✓ A secure living and learning environment away from the slum;
- ✓ Better recreational facilities;
- ✓ Satisfactory sanitation and personal hygiene facilities;
- ✓ Vegetable plot, for instructional, and dietary purposes;
- ✓ Administration block, for improved management;
- ✓ Improved self esteem for the children as a direct result of better facilities
- ✓ Character building for the children through counseling and mentoring;
- ✓ Medical care provided resulting in improved health for the children;
- ✓ Access to better educational facilities, materials, and nearby schools;

7.0 Budget:

Do you know how much money is required? (Estimates based on historical data)

Budget Items	Units	Unit Cost	Total in KES	Total in US \$
Phase1				
1. Construction:				
a. Land in Oloolotikoshi @120,000/area	20	120,000.00	2,400,000.00	
a. Dormitories	2	700,000.00	1,400,000.00	
b. Kitchen/dining	1	1,050,000.00	1,050,000.00	
c. One office block (with 4 large rooms)	1	1,090,000.00	1,090,000.00	
d. Pit latrine (a set of eight)	1	380,000.00	380,000.00	
e. Class rooms	2	700,000.00	1,400,000.00	
f. Construct a water system & storage		850,000.00	850,000.00	
g. Establish a vegetable garden		230,000.00	230,000.00	
f. Equipment and Furniture			1,000,000.00	
Sub totals			9,800,000.00	150,770.00
Phase11				
2. Rehabilitation:				
Education*	150			
Food (Kshs 20.00 / per day)*	150			
Clothing*	150			
Medical care*	150			
Counseling and mentoring*	150			
Other materials*	150			
Sub Total				
3. Administration 10%:				

Staffing: (15 workers) *	10			
Office Equipment				
Stationary				
Transport & communication				
Sub total				
Grand Total				

(Exchange rate is estimated at KES 65.00 to US \$ 1.00, as at May 2007)

8.0 Rationale:

Education is the key to development and hence social change, and that is why St Emmanuel support group is looking for partners to support the orphaned children to access education. Over time, it has been proven that literate people adapt well to changes in their environment, since they are more willing to take responsibility in decision-making, prioritizing community needs and try to understand their changing environment. This adaptability results into positive change leading to economic development.

Ideally St. Emmanuel is looking for partners that can work with over a long period of time to emancipate the orphaned children from crippling poverty and lack of care so prevalent in their lives currently.

9.0 Vision:

That each of the orphaned children can have a long term sponsor, enabling them to gain an education, at a secondary school level. Further more each and every one of the children becomes a responsible, independent, citizen of this country.

9.1 Mission:

To facilitate a healthy living environment for destitute and orphaned children, and help them lead a productive and fulfilling life by empowering them with quality education.

10.0 IADP approach to HIV/AIDS

The main goal of IADP is to initiate sustainable development initiatives aimed to empower and enlighten communities in Child welfare issues, for the purpose of encouraging formal education thereby effectively participating in socio-economic change and development.

Proposed St Emmanuel Centre:

Water storage tank →

